

FANDS Infonet Pvt. Ltd.
Announces A One Day Open Workshop in Hyderabad on
'Work-Life Balance'
on Saturday, 15th June 2019
Visit Us : www.fandsindia.com



Fands is the first Corporate Training Organization in India to commence training on Golang and Kotlin, latest initiatives by Google.

Contact us for more details

Season's Greetings!

Fands Infonet is offering you an opportunity to take your Career at new heights by attending our Soft Skills, Behavioral & Motivational Trainings.

Soft skills refer to the cluster of personality traits, social graces, facility with language, personal habits, friendliness, and optimism that mark people to varying degrees

In today's world of globalization, a software developer is not a scientist working in isolation. It has become common that the developer needs to work on site or have to interact with

Objective of the program



1. Understanding the Work-Life
2. Working with a time management to balance life
3. Learning and understanding the conflict management

Workshop Contents

Topics	Subtopics	Methodologies
Introduction And Setting Expectations.	To Break The Ice And Start The Discussion And Set The Course And Personal Objectives Of The Training	Active (Ice Breaker) And Discussion.
Signs Of An Imbalance	<ul style="list-style-type: none"> • Health Risks • Absenteeism • Burnout • Stress 	Activity Facilitation
Benefits Of A Healthy Balance	<ul style="list-style-type: none"> • Why It's Important • Increased Productivity • Improved Mental And Physical Health • Increased Morale 	Facilitation
Tips For Healthy Life	<ul style="list-style-type: none"> • Balancing At Different Levels • Conflict Management • Understanding Time Management • Stress Management 	Facilitation
Conflict Management	<ul style="list-style-type: none"> • Understand Reasons For Conflicts • Diagnose Their Own Conflict Management Styles • Diagnose The Conflict Situation • Deal With Conflict In Productive And Manageable Ways. 	Facilitation And Case Study Or Role Play

the partners in countries like US, UK, Australia or New Zealand. Doing business with clients from across the world demands not just a high degree of technical skills but also awareness of culture specific behaviors. And that makes it necessary to develop employee's interpersonal and behavioral skills. Therefore soft skilled employees are high in demand for Indian IT companies who are now involved in bigger projects.

Program Highlights

-  Course Material
-  Lunch & Tea

We also conduct workshops on the following topics

Personal Effectiveness

- Maximizing your Potential
- Emotional Intelligence
- Stress Management
- Interpersonal Skills
- Presentation Skills

Management Development Program






- First Time Manager's program
- Creativity & Innovation
- Cross Culture Sensitization
- Who moved My Cheese
- Effective Meetings

Date : Saturday, 15th June 2019

Time : 10:00 AM To 5.30 PM
(Registration at 09:30 AM)

Understanding Time Management	<ul style="list-style-type: none"> • Myths Of Managing Time, • Effectiveness And Efficiency, • Evaluating the Use of Time. • Three "P "S Of Time Management(Planning , Prioritizing, Procrastination) • The 4 D Of Delegation(Dump, Delay, Delegate, Do) 	Facilitation Video Activity
Stress Management	<ul style="list-style-type: none"> • Examine Your Attitude Regularly • Balance Work And Personal Life • Focus On Positive • Turn Unexpected Changes Into Opportunities • Take Care Of Your Health • Educate Your Self • Maintain Sense Of Humor • Dress For Success 	Facilitation
Balancing The Life	<p>At Work</p> <ul style="list-style-type: none"> • Leave Home Stress At Home • Break Up Large Tasks • Delegate Set Accurate Goals <p>At Home</p> <ul style="list-style-type: none"> • Leave Work Stress At Work • Turn Your Phone Off • Take Some Me Time • Maintain Your Boundaries • Delegate <p>Optional Ways To Work</p> <ul style="list-style-type: none"> • Telecommuting • Job Sharing • Job Redesign • Flex Time 	
Question Answer/ Feedback		

We also conduct workshops on some high end technical skills. Few of our popular workshops are listed below.

DevOps	<ul style="list-style-type: none">  Docker & Jenkins  Restful API  Cloud Computing – Azure, AWS, Google  Mongo DB  Hadoop
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<p>Last date for Registration : 12th June 2019</p> <p>Fees & Registration: Rs. 4,750/- plus Tax per participant inclusive of course material payable by cheque in favor of 'Fands Infonet Pvt. Ltd.'</p> <p>Group discount of 5% will be applicable to group of 3 and 7.5% for group of 5 or more participants.</p> <p>Early Bird Discount – Pay by 30th May 2019 and get 5% discount.</p>		<ul style="list-style-type: none"> ✚ PIG / HIVE ✚ SQOOP ✚ Platforms – Cloudera, Apache & Flexi-Pass ✚ Spring boot ✚ Microservices
	Analytics	<ul style="list-style-type: none"> ✚ ML / AI ✚ R Programming ✚ SAS ✚ Data Science
	Web Technologies	<ul style="list-style-type: none"> ✚ All new Javascripts namely Angular, Mean, Node, Backbone, Polymer, Knockout ✚ Open GL, Web GL ✚ Webservices Testing ✚ Webservices Security
<p>For any more information, please feel free to contact : Mr. Vinesh Kumar on +91 98816 95558 Mail: vinesh@fandsindia.com</p>		

Offices in Pune, Mumbai, Hyderabad.

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